

Academic Boost Camp*

Surrey Campus – 2nd Floor Surrey Main (C Building)

Saturday March 13th, 2010

**Please note that all activities are subject to change*

Time	Activity
9:15 am to 9:30 am	Sign-in for the day (<i>Please use sign-in sheets</i>) Coffee, tea and muffins
9:30 to 9:45	Welcome, introductions and overview of the day
9:45 am to 11:15 am (1.5 hours) (short break included)	Group 1 - AP/AW Focus <ul style="list-style-type: none"> How did I get here? Assessing the Situation (<i>Presentation & Group discussion</i>) (20 mins) What is the Meaning of Academic Warning & Academic Probation (20 mins) Self Assessment: College Survival & Success Scale (CSSS) (20 mins) Small Group Discussions (30 mins)
	Group 2 - Boosting Your Performance <ul style="list-style-type: none"> Discovering your Personal Learning Style (20 mins) Deep, Surface and Achieving Approaches to Learning (20 mins) Motivation and Style (20 mins) Small Group Discussions (30 mins)
11:15 am to 12:15 pm	Managing your time well (<i>Seminar</i>) (<i>All students, in small groups</i>)
12:15 pm to 12:45 pm	Lunch
12:45 pm to 1:45 pm (1 hour)	Group 1 - School and Test Anxiety (<i>Counselling</i>) Group 2 - Career Planning (<i>Counselling</i>) Group 3 - I bought the textbook. I went to class. Now what? (<i>Dave</i>) Group 4 - Moving from a “B” to an “A”
1:45 pm to 2:00 pm	Break and move to the next session
2:00 pm to 3:00 pm (1 hour)	Group 1 - Procrastination Group 2 - Career Planning Group 3 - I bought the textbook. I went to class. Now what? (<i>Dave</i>) Group 4 - Moving from a “B” to an “A”
3:00 pm to 3:30 pm	<ul style="list-style-type: none"> What now? Moving ideas into actions Discussion and planning for further action Wrap up, prizes, evaluations, and certificates Concluding remarks

[Brought to you by the Student Development and Success Division]

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- www.kwantlen.ca/learningcentres
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